

PONIES ASSOCIATION (UK)



Elite Riders Academy 2009 - 2010

Encouraging 'showing riders' to seek training to improve their own performance and knowledge.

Ponies (UK)
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The objective of the Elite Riders Programme: is to *encourage 'showing riders' to seek training to improve their own performance and knowledge.*

The programme - using P (UK) Accredited Trainers - is to provide a structured and progressive path for these riders to follow. Academy members have participated successfully abroad and nationally as a team and are encouraged to become involved in media training and life style development to continue to achieve the highest level of excellence possible.

Training Days and conferences are open to P (UK) Members and their Non Member friends.

Family and the Support teams of all riders are encouraged to be proactive in all training and debating sessions.

1. **Senior Programme** – open to **Riders** who have obtained their 18th birthday by 1st January in the current year or juniors who have obtained **RED STAR** Status may progress onto the Bronze training levels. The scheme is designed to identify and encourage all riders and especially those who may eventually but not necessarily, become P (UK) Trainers and Judges of the future. Each training session will be of no more than six riders. The more experienced riders will be divided from those who have less experience.
- **Junior Programme** – a similar scheme is operated for younger members of the Association.
- **Riders** must have obtained their 8th birthday by 1st January in the current year. All participants must be competent riders, able to walk, trot and canter safely in company, off the leading rein. The more experienced riders will be divided from those who have less experience.
- All participants at **Appraisal days** where 'star status' will be determined will be required to be an **'Annual or L/S Member or Riders Club Member of P (UK).**
2. **The format of training days** - both junior and senior - will follow a similar pattern. Sessions of flat training and of WH training will take place on each of the training days. A group debating session will take place at each training day as a preparation for the appraisal days and is mandatory for all participants.
- 2.2 The discussion session will take the form of a debate where all are expected to participate. Parents and helpers are welcome to attend, but will not be able to influence their riders!

***For all the latest news, events & affiliated
show dates visit our website***

www.poniesuk.org

3. **Appraisal days** organised by P (UK) will be held to assess participant's ability and knowledge, of both junior and senior members. Star Status will be awarded at that time. (See rear of leaflet).

3.1 To participate in an Appraisal Day to obtain **Bronze Star** or above, **the candidate must have attended at least one Elite Rider Training Day within the last 3 years.**

3.2 Participants must specify 'Flat' or 'WH' and Star Status already achieved (if appropriate) at time of application. Applicants may participate in both sections for a duplicate fee.

3.3 The entry level to the scheme can be no higher than **Red Star**. To enter at any level between Red and Yellow Star requires justification at time of application. See Appraisal application form.

3.4 Appraisal fees are as follows: Gold, Silver, Bronze £50 for each level.
Yellow, £10: Blue, £15: Red, £20.

3.7 Those participants awarded Gold Star Status will be invited to officiate as a Ponies (UK) Ride Judge.

3.8 Insurance: Appraisal days will be covered by suitable Insurance, but it is strongly recommended that all participants carry third party liability insurance. The Association does not accept any liability for any injury or damage sustained by any third party whatsoever

3.9 All participants in the Elite Riders Appraisal Days will receive a badge of recognition and will be entered into the P (UK) Elite Riders Academy register.

4 Star status attainment levels will be parallel for both disciplines.

**Each Summer 2009 & Winter 2010
Ridden National Champion
will qualify to compete at the
P(UK) Super League Final on 7th April
2010**

**British Open Show Jumping Championships,
NEC, Birmingham**

Flat**Working Hunter****Yellow Star - £10**

Sit in balance
 Sitting and rising trot on either diagonal
 Change of diagonal
 Change of leg at canter through trot.
 Perform an individual show
 Show in hand
 Understand the use of the natural aids
 Can ride simple school movement in walk and trot. E.g. 20 m circles, correct change of rein across the diagonal and at half markers, figure of eight, 3 loop serpentines.

Yellow Star WH - £10.00

Criteria of flat yellow star plus
 Jump a course of fences as appropriate to the level of pony they are riding
 Can work over trot poles balanced and not to interfere with horse/pony's performance
 Be able to work through simple grid in balanced position.
 Can identify simple related distance when walking the course.

Blue Star - £10 00

The rider must be able to influence the horse or pony to achieve a good way of going by showing a knowledge of pace and balance suitable for the level of training.
 Basically correct position at work, trot, and canter.
 Understand correct application of aids for required movements.
 Control but sympathetic to forward movement.
 Free walk on long rein
 Show simple lengthening and shortening within a pace

Blue Star WH - £10.00

Criteria of flat Blue Star
 Be able to work through a grid and understand the use of grid work
 Jump a course of fences as appropriate to the level of pony they are riding
 Show fluency remaining in harmony with the horse/pony's movement.
 Be able to walk a course and identify related distances.
 Rider maintain effective and positive manner throughout the course.

Red Star - £20.00

Rider must be able to influence horse/ pony to achieve a good way of going by showing knowledge of pace and balance suitable for the level horse/pony is competing at.
 Rider's seat must be balanced and independent.
 The rider must be able to explain in simple terms the correct way of going and the steps to be taken to achieve each animal's goals.
 Shorten and lengthen in all paces.
 To be able to ride in a Double Bridle.
 Have basic knowledge of correct and incorrect conformation points
 Can undertake, serpentine, 10 m circle in walk, 20 m circle trot and simple changes across the diagonal.

Red Star WH - £20.00

Criteria of flat Red Star, plus
 Able to show Working Hunter pace.
 Demonstrate good approaches to fences using the correct rhythm and pace.
 Jump a course of fences relative to the height appropriate to the horse of pony up to confined novice level.
 Be able to walk a course and identify related distances
 Be able work through grid and understand the use of grid work
 Able to summarise the strengths and weaknesses of a round when completed

Red Star is the Highest level of Direct Entry.

Bronze Star - £50.00
To have obtained Red Star.

Riders must understand and demonstrate balance, impulsion, rhythm and tempo
Can show correct canter lead from strike off.
Perform an individual show
Understand the use of the natural aids and the importance of correct training
Lengthened strides and leg yielding in walk and trot providing horse at this level of training if not explain the aids and reactions expected
Have knowledge of correct and incorrect conformation points
Comment on performance of both horse/pony and rider in relation to the level and type of horse/pony they are riding.
Understand the use of various bits used in the showing world.

Bronze Star WH - £50.00
To have obtained Red Star

Criteria of flat Bronze Star, plus
Jump a course of fences
Be able work through grid and understand the use grid work
Jump a course of fences as appropriate to the level of horse they are riding
Show fluency and not restrict horse's movement when jumping
Be able to walk a course and identify related distances.
Rider maintain effective and positive manner throughout the course.
Able to summarise the strengths and weaknesses of a round when completed.

Silver Star - £50.00
To hold Bronze star

Basic correct position at work, trot, canter.
Understand and apply correct aids for movements asked for.
Understand and demonstrate how to achieve a level of collection and self carriage according to the horse's conformation and ability.
Comment on performance of both horse and rider.
Understand meaning of balance, impulsion and rhythm
Lengthened strides and leg yielding in walk and trot.
To be able to show lengthening and shortening of strides in all paces.
Rein back providing horse at this level of training if not explain the aids and reactions expected
Free walk on long rein
Change of leg in canter through trot.
Ride with reins in either hand
Understand the use of double reins.
Understand the use of various bits used in the showing world and give examples to improve horses performance
Have knowledge of correct and incorrect conformation points

Silver Star WH - £50.00
To hold Bronze WH Status

Criteria of flat Silver Star plus
Ability to ride a course of fences to more advanced level
Be able to show shortening and lengthening of strides between poles on the ground or a fence.
Be able to show gymnastic exercises at trot and canter
Able to show Working Hunter pace over a course.
Demonstrate good approaches to fences using the correct rhythm and pace.
Able to walk a course and identify related distances both on a straight line and a curve.
Able to summarise the strengths and weaknesses of a round when completed.

Gold Star- £50.00

To hold Silver Status

Rider must be capable of maximising the potential of a number of horses and ponies by understanding correct conformation, balance and training.

Be able to show some lateral work.

The rider must be able to explain in simple terms what is involved in the correct way of going and the steps to be taken to achieve their goal.

Comment on performance of both horse and rider in relation to the level and type of horse they are riding.

Able to discuss and substantiate the various ways of training of the horse.

Able to demonstrate the correct riding position for their discipline.

More advanced flat work, lengthening and collection of strides using impulsion.

Understand when the horse is working correctly and able to explain the goals the rider is achieving.

Able to show schooling of the horse in a progressive manner showing correct rhythm and able to work to arena markers.

Able to ride in harmony with the horse/pony showing secure and independent seat with effective leg.

Have knowledge of correct conformation capable of looking to achieve judge status.

Riders should show ability to be able to use knowledge to assist others with training.

Successful applicants will receive an invitation to become a P (UK) Ride Judge

Gold Star WH - £50.00

To hold Silver WH status

Criteria of flat Gold Star plus

Be able to show gymnastic exercises at trot and canter

Ability to ride a course of fences to championship level and analyse problems encountered either by horse and rider or those in relation to distances and problems the course builder has set.

Demonstrate good positive approaches to fences using the correct rhythm and pace.

Able to walk a course and identify related distances both on a straight line and a curve.

Successful applicants will receive an invitation to become a P (UK) Ride Judge

**Congratulations to
Samantha Bell and Emma Wilde.**

**The first P(UK) members to achieve
Elite Rider Status**

The Complete Equestrian Rider.

only awarded to those who have successfully gained both
Gold Star Flat and Gold Star WH Status

P(UK) ACCREDITED ELITE TRAINERS

- MISS M BROOME** 8 Longworth Close, Manor Fields, Banbury, Oxfordshire, OX16 3HH
Tel: 07860 833360
- MR J CONIFEY** The Forge, 1 Stainswick Farm Cottage, Stainswick Lane, Shrivenham, Wiltshire.
SN6 8LD. Tel: 01793 782016 Mobile: 07979 060256
- MISS B ENSTEN** Boyton Hall Equine Centre,, Lindsey Road, Monks Eleigh, Ipswich, Suffolk, IP7 7BB
Tel: 07771 686115. Email: brigitensten@clara.co.uk
- MISS C GILBERT-SCOTT** Herons Court, Terry's Lane, Cookham, Berks, SL6 9RR
Tel: 01628 523070. Mobile: 07801 183333 Email: carol@gilbertscott.net
- MR A HOOD** Buttons Farm, Blo Norton, Diss, Norfolk, IP22 2HZ
Tel: 01953 681361
- MRS K JERRAM** Collins Farm, Aythorpe Roding, Great Dunmow, Essex, CM6 1PF
Tel: 01245 231215. Email: jmjerram@hotmail.co.uk
- MR C MCGRANN** 27 Grove Crescent South, Boston Spa, Wetherby, LS23 6AY
Tel: 01937 849048 Mobile 07900 547216
- MRS R MORRIS** Rectory Farm, Sturton By Stow, Lincoln, LN1 2BZ
Tel: 01427 788305
- MRS L MURRAY** Catherston Stud, Croft Farm, Over Wallop, Stockbridge, Hants., SO20 8HX
Tel: 01264 782716 Email: catherston.stud@ukgateway.net
- MR N OLIVER** Black House Farm, Eye Green, Nr Peterborough, Cambs, PE6 7TT.
Tel: 07974 349459 Email: hepoliver@aol.com
- MISS K PAYNE** Grangelands Farm, Ryde Range Road, Great Kimble, Aylesbury, Bucks,
HP17 0XU. Tel: 01844 343489. Email: katiepayne@ntlworld.co.uk
- MRS S PIMBLEY** Lower Hudsons Farm, Out Rawcliffe, Preston, Lancashire, PR3 6TB
Tel: 01253 701014 Mobile: 07717 017372
- MR P PRINT** 2 Pinchester Cottage, Little Compton, Moreton-In-Marsh, Gloucestershire,
GL56 0SE. Tel: 01608 674387 Email: patrickprint@hotmail.com
- MR R RAMSAY** Little Holdrops, Common Road, Headley, Thatcham, Berkshire, RG19 8LS
Tel: 01635 268208 Email: randmramsay@dsl.pipex.com
- MRS S RITCHIE** Ford Close, Brass Castle Lane, Marton, Middlesbrough, TS8 9EE
Tel: 01642 300257 Email: susan.ritchie1@virgin.net
- MRS R THEOBALD** Newton Hall Equitation Centre, Swilland, Ipswich, Suffolk, IP6 9LT
Tel: 01473 785616 Email: office@nhec.co.uk
- MISS S TURNER** College Barn, Gt Finborough, Stowmarket, Suffolk, IP14 3BQ,
Tel: 01449 612753 Mobile: 07936 895756
Email: stephanie_turner1@btinternet.com
- LADY C TYRRELL** High House Farm, Bruisyard, Saxmundham, Suffolk, IP17 2EQ
Tel: 01728 638550
- MRS D WHITEMAN** Papley End, Lutton, Peterborough, Cambridgeshire, PE8 5ND
Tel: 01832 275753 Mobile: 07932 060175 Email: dlswhiteman@aol.com

Ponies Association (UK)

Diary Dates for 2010

10th January

P(UK) Scottish Showing Seminar

Rowallen Equestrian Centre, Fenwick, Ayrshire

24th January

P (UK) AGM & Judges Conference

The Forge, Stoneleigh Park, Warwickshire CV8 3DP

20th – 21st March

P (UK) Southern Winter Championships

Towerlands Park, Braintree, Essex, CM7 5BJ

27th – 28th March

P (UK) Northern Winter Championships

South View Equestrian Centre, Wettehall, Cheshire CW7 4DL

7th April

P (UK) 2010 Super League Final

British Open Showing Jumping Championships
Birmingham NEC B40 1NT

8th April

P (UK) West Midlands Show

Three Counties Showground, Malvern, Worcs WR13 6NW

1st May

P (UK) South Show

Newbury Showground, Berkshire RG18 9QZ

28th July

P(UK) Young Riders M&M Ridden Championship Final

Hickstead, West Sussex RH17 5NU

11th-14th August

P (UK) Summer Championships

Newark & Nott's Showground, Newark NG24 2NY

5th September

P (UK) Burghley Event Pony Final

Burghley Horse Trials, Stamford, Lincs PE9 2LH